

HCIS SCHOOL CAMP PACKING LIST

	ITEM:
CLOTHING: Report on Day 1 in HCIS PE Attire & Sports Shoes	PE T-shirts (x 2) PE Shorts (x 2) Track Pants (x 1) Comfortable T-shirts (Home) - Optional Comfortable Shorts (Home) - Optional Wet Attire (for water activities) Undergarments (Sufficient) Socks (Sufficient)
FOOTWEAR:	Sport Shoes (x 1) Extra pair of covered shoes or booties (for wet/water activities) (x 1) Sandals/Slippers (x 1)
SHOWER ITEMS:	Towel (x 1) Shampoo (Sufficient) Soap (Sufficient) Conditioner (Sufficient) Facial Wash (Sufficient)
PERSONAL PROTECTION:	Sunscreen (x 1) Sunblock Lotion (x 1) Aloe Vera gel (Optional) Insect Repellent (x 1) Cap (Optional) Poncho or Raincoat (x 1) Floatable spectacles band (Those who wear Specs) Extra Medical Mask (Sufficient) Hand Sanitizer (Optional)
OTHERS:	Writing Materials (x 1 set) Plastic Bags (for soiled clothing) – (Sufficient) Personal Medication (if required) A pair of Fork & Spoon (x 1 set) Thermometer (x 1) Water Bottle (x 1 litre bottle) Ziplock bags to keep valuables waterproof (sufficient) Sleeping Bag (x 1) Ear Plugs (x 1 set) Sleep Mask (x 1) **No Handphone is allowed during the camp